



cultuurjeugdsportmedia

Elite athletes Whereabouts Doping controls



Brussels 27th Nov. 2009 – 14th Dec. 2009

Elite athletes

- ⊙ Members of an international sports association recognised by the IOC and meeting one or several of the following criteria:
 - The athlete has achieved the international level according to the international federation;
 - Sport is the athlete's main activity;
 - The athlete has been selected or preselected for the Olympics or Paralympics, a European or World Championship in the highest sports category;
 - The athlete is a member of a team in competition composed of a majority of athletes who meet one or several of the criteria above;
- ⊙ And has his/her residence within the scope of territorial competence of the Flemish Community, and has been informed of the fact that he/she is an elite athlete.



cultuurjeugdsportmedia

2

Elite athletes

- ⊙ You are an elite athlete from the moment you are informed, by registered letter, that this status has been granted to you.
- ⊙ You remain an elite athlete until you receive another registered letter, informing you that you are no longer an elite athlete.
- ⊙ The qualification as an elite athlete takes place in close consultation with the sports federations => there is a single contact person per federation, who also acts as an additional contact person for the athletes.



3

The elite athlete's obligations

- ⊙ Therapeutic Use Exemption (TUE): proactively/beforehand
- ⊙ Input his/her whereabouts via ADAMS
- ⊙ Doping practice => disciplinary handling by the federation => CAS



4

Whereabouts

- ⊙ All elite athletes, practising an Olympic discipline on at least the highest national level, are obliged to declare their whereabouts.
- ⊙ The same goes for cross-country runners, cyclo-cross cyclists, duathletes and triathletes



5

Whereabouts: how?

- ⊙ ADAMS
- ⊙ One representative per federation, who is able to check his/her members' input. This is only a monitoring function, he/she is not able to input any data himself/herself.
- ⊙ For team sports, there is one representative per team who inputs the team's common activities and who is able to monitor his/her team members.



6

ADAMS

- ⊙ User name + Password
- ⊙ What information should the athlete enter?
 - Every day of the year: his/her whereabouts/sleeping place per day (at home, in a hotel, in a student house,...) + postal address
 - Regular or routine activities (trainings at least)
 - Per day 1 hour on a location of his/her choice where the athlete must certainly and immediately be available for a doping control (at any time between 6 am and 11 pm)
 - Competitions



7

Whereabouts when?

- ⊙ Per trimester (at the latest on the 21st of the month preceding the trimester/quarter):
 - 21 March, 21 June, 21 September and 21 December
- ⊙ If the athlete is unaware of the details where he/she will be staying in the next quarter, he/she is to input the expected whereabouts and bring them up to date as soon as he/she knows his/her correct whereabouts.
 - Advice: Check weekly and adapt if necessary
 - It is always possible to change the data, until the day itself (also possible by means of SMS)



8

Responsibility

- ⊙ The athlete carries final responsibility.
- ⊙ The athlete may delegate this task, e.g. to a team representative, but still carries responsibility for the correctness of the data.

Doping control

Unannounced!

The athlete must see to it that he/she can be supervised permanently by a member of the control team from the moment that he/she is informed of the control until the end of the control.

Doping control

🎯 In-competition

- Chaperonage: the chaperon calls the athlete and stays with him/her until he/she has joined the inspecting doctor.
 - Individual sports (the chaperon remains with the athlete)
 - Team sports (1 chaperon per team; 3 athletes per team should go immediately from the playing field to the waiting room where he/she is supervised)
 - There must be visual contact at all times!
- The athlete should always go to the doping room immediately unless for one of the following reasons:
 - Identification, finding a representative
 - Cooling down
 - Other competition
 - Press
 - Podium
 - Medical assistance

Doping control

🎯 Out-of-competition

- Possible with doping bus
- Unannounced: the athlete may not be informed of control until he/she is directly supervised by the inspecting doctor + the athlete always remains under visual supervision of inspecting doctor.
- During the hour chosen by the athlete: the athlete must be available for doping control immediately at the given location.
- Outside of the self-determined one-hour slot: if the control cannot be performed unannounced, there is no control. No phone calls are made!

Filing failures / missed doping control

- ⊙ When the athlete fails to supply his/her whereabouts in time or when the inputted data are found to be incorrect or incomplete
= filing failure
- ⊙ When the athlete is not present and not immediately available at the given place within the period of time of 60 minutes that he/she chose himself/herself per day for a doping control
= missed doping control
- ⊙ A combination of 3 such violations within 18 months
=> disciplinary file



13

Contact and information

**Questions, problems,
forgotten password, log-in problems,...**

ELITESPORTER@VLAANDEREN.BE

02/553.68.79 (OFFICE HOURS)

WWW.DOPINGLIJN.BE



14

Demonstration ADAMS

© <https://adams.wada-ama.org/>



© <http://www.wada-ama.org/>



15



cultuurjeugdsportmedia

**Departement Cultuur, Jeugd, Sport en Media
Team Medisch en Ethisch Verantwoord Sporten
Arenbergstraat 9 – 1000 Brussels**

www.dopinglijn.be / www.gezondsporten.be

**ELITESPORTER@VLAANDEREN.BE
02/553.68.79 (OFFICE HOURS)**

